



We're pleased to issue your February 2018 EAP newsletter. To access this issue, simply click the READ MORE button below.

## Random Acts of Kindness

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**Another important benefit reminder:** The EAP has a variety of resources to help you and your employees prepare for tax season in the EAP Financial Fitness Center, which includes 200 interactive tutorials. There is help available in prepping for taxes as well as help for any money management and personal finance questions by simply signing in to the Employee & Family Login and clicking the Personal Finance & Education Center icon. Next, you click Finance and Investing Courses.

Here's just a sampling of some of tax-related topics:

**The Basics of Tax Planning:** What is tax planning all about • Reducing your taxable income • Adjustments to income • Reducing your applicable tax rate • Controlling when your tax must be paid

**Getting Your Taxes Done:** Organizing your tax information • Working with a tax professional • Tax preparation software

**Tax Deductions for Selling Your Home:** Capital gain exclusions on your home • Partial capital gain exclusions • Calculating and reporting your home's capital gain when you sell it

**Introduction to Taxes and Investments:** Basic tax concepts • Investment strategy and taxes • How do taxes affect compounded interest?

It's also smart to file early to avoid the many tax scams and hoaxes that surface every tax season. Just a reminder: the federal government will never call you on the phone and demand immediate payment. The IRS issues a helpful list of [common tax scams](#).

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