



Robinson Elementary January 2017



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Harvest of the Month promotes a different crop each month in school cafeterias across the state. With help from the Massachusetts Farm to School Project, our school cafeteria will include produce from local farms as possible throughout the school year. January's crop of the month is Apples which will be featured on this month's menu. We'll be giving out trading cards and "I Tried It!" stickers when students sample the featured item.</p>	<p>3</p> <p style="text-align: center;">French Toast w/ Syrup</p> <p style="text-align: center;">Kayem Light Hot Dog on a WW Roll Goldfish Crackers</p> <p style="text-align: center;">Vegetarian Baked Beans Cucumber Rounds w/ Dip</p>	<p>4</p> <p style="text-align: center;">Cinnamon Sugar Breakfast Rings</p> <p style="text-align: center;">Nachos & Nuggets Chicken Nuggets Baked Tostito Scoops Nacho Cheese Sauce Mexican Rice Sweet Corn Baby Carrots w/LF Dip</p>	<p>5</p> <p style="text-align: center;">WG Waffles w/ Warm Syrup</p> <p style="text-align: center;">Breakfast at Lunch Choice of Cereal, Warm Muffin & Yogurt Cheese Stick, Milk, Fruit</p> <p style="text-align: center;">Sweet Potato Fries Broccoli Bites w/ LF Dip</p>	<p>6</p> <p style="text-align: center;">Warm Pillsbury Cinni Mini's</p> <p style="text-align: center;">Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza</p> <p style="text-align: center;">Tossed Salad Assorted Fruit & Veggie Cups</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p>9</p> <p style="text-align: center;">WG Mini Maple Pancakes Warm Syrup</p> <p style="text-align: center;">Hamburger or Cheeseburger on WW Roll Lettuce, Tomato & Pickles</p> <p style="text-align: center;">Potato Smiles Baby Carrots w/ Ranch Dip</p>	<p>10</p> <p style="text-align: center;">Fresh Warm Cinnamon Buns</p> <p style="text-align: center;">Chicken Tenders w/ Dipping Sauce Warm Cornbread</p> <p style="text-align: center;">Glazed Carrot Coins Broccoli Bites w/ LF Dip</p>	<p>11</p> <p style="text-align: center;">Cinnamon Sugar Breakfast Rings</p> <p style="text-align: center;">Pillsbury Mini Maple Burstin' Pancakes w/ Syrup Jones Lite Sausage</p> <p style="text-align: center;">Tater Tots Sweet & Crunchy Poppers</p>	<p>12</p> <p style="text-align: center;">Cheese Omelet & Toast</p> <p style="text-align: center;">Italian Sampler Mozzarella Sticks, Cheese Ravioli & Mini Meatballs Garlic Breadstick Mixed Veggies Baby Carrots w/ Ranch</p>	<p>13</p> <p style="text-align: center;">French Toast Sticks w/Syrup</p> <p style="text-align: center;">Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza</p> <p style="text-align: center;">Tossed Salad Assorted Fruit & Veggie Cups</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p>16</p> <p style="text-align: center;">No School</p> <p style="text-align: center;"></p>	<p>17</p> <p style="text-align: center;">Mini Maple Pancakes w/ Warm Syrup</p> <p style="text-align: center;">Toasted Cheese Sandwich on WW Bread Pudding Cup</p> <p style="text-align: center;">Sweet Potato Fries Cucumber Rounds w/ Dip</p>	<p>18</p> <p style="text-align: center;">Cinnamon Sugar Breakfast Rings</p> <p style="text-align: center;">Nachos & Nuggets Chicken Nuggets Baked Tostito Scoops Nacho Cheese Sauce</p> <p style="text-align: center;">Corn Mexican Bean Salad</p>	<p>19</p> <p style="text-align: center;">WG Waffles w/ Warm Syrup</p> <p style="text-align: center;">Pasta w/ Meatballs or Marinara Sauce Garlic Breadstick</p> <p style="text-align: center;">Sweet Peas & Carrots Baby Carrots w/ Ranch Dip</p>	<p>20</p> <p style="text-align: center;">Warm Pillsbury Cinni Mini's</p> <p style="text-align: center;">Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza</p> <p style="text-align: center;">Tossed Salad Assorted Fruit & Veggie Cups</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p>23</p> <p style="text-align: center;">WG Mini Maple Pancakes Warm Syrup</p> <p style="text-align: center;">Gilardi Cheese Stuffed Breadsticks w/ Warm Marinara Sauce</p> <p style="text-align: center;">Green Beans Baby Carrots w/ LF Dip</p>	<p>24</p> <p style="text-align: center;">Scrambled Eggs WW Toast</p> <p style="text-align: center;">WG French Toast Sticks w/ Syrup Jones Lite Sausage Links</p> <p style="text-align: center;">Cranberry Apple Oat Bar Hash Brown Patty Cucumber Rounds & LF Dip</p>	<p>25</p> <p style="text-align: center;">Cinnamon Sugar Breakfast Rings</p> <p style="text-align: center;">Systemwide 1/2 Day No Lunches</p> <p style="text-align: center;"> </p>	<p>26</p> <p style="text-align: center;">Fresh Warm Cinnamon Buns</p> <p style="text-align: center;">Munch Meal Wheat Thins, Cheese Stick Turkey Pepperoni Slices Fruit & Milk Mini Apple Turnover</p> <p style="text-align: center;">Sweet Potato Fries Broccoli Bites w/ LF Dip</p>	<p>27</p> <p style="text-align: center;">French Toast Sticks w/Syrup</p> <p style="text-align: center;">Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza</p> <p style="text-align: center;">Tossed Salad Assorted Fruit & Veggie Cups</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p>30</p> <p style="text-align: center;">WG Mini Maple Pancakes Warm Syrup</p> <p style="text-align: center;">Macaroni & Cheese Dannon Yogurt Cup</p> <p style="text-align: center;">Green Beans Baby Carrots w/ Ranch Dip</p>	<p>31</p> <p style="text-align: center;">Egg, Sausage & Cheese Breakfast Sandwich</p> <p style="text-align: center;"> Soft Beef Taco w/ Lettuce, Tomato & Cheese Mexican Rice</p> <p style="text-align: center;">Corn Cucumber Rounds & Ranch Dip</p>	<p style="text-align: center;"><u>Daily Alternative Lunches:</u></p> <p>Monday: Chicken Nuggets w/ Dinner Roll Tuesday: French Bread Pizza Wednesday: WG Bagel Lunch w/Cheese Stick, Yogurt, Cream Cheese, & Jelly Thursday: Tossed Salad w/ Popcorn Chicken and Breadstick Friday: Kayem Lite Hot Dog on WW Roll</p> <p style="text-align: center;"><i>Available Daily: Sunbutter Sandwich With or Without Jelly. Offered with Fruit, Vegetable & Milk ... \$2.75 (sunbutter is a "peanut free" alternative to peanut butter and is made from roasted sunflower seeds).</i></p>		
<p>WW = Whole Wheat WG = Whole Grain</p>		<p>Breakfast - Choose the hot breakfast or from an assortment of breakfast pastry, reduced sugar or low sugar cereals, toast, yogurt, and fruit / juice. \$2.00</p> <p style="text-align: right;">All breakfasts come with milk.</p>		
<p>If your child has a food allergy, you must contact the nurse's office at least yearly or as the condition changes.</p>				
<p>All lunches include, Milk, Choice of Whole or Chilled Fruit, and Two Vegetable Choices.</p>				
<p>This institution is an equal opportunity provider</p>				

Breakfast: \$2.00 (reduced \$.30) includes milk, fruit.
Lunch: \$2.75 (reduced \$.40) includes milk/fruit.
Milk: \$.60 lowfat milk available daily.

Questions or suggestions-contact,
Dawn M. Langtry, Food Service Director
508-261-7400 x3124