



Robinson Elementary

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
Start Your Day Off Right With Breakfast! Breakfast - Choose the hot breakfast or from an assortment of breakfast pastry, reduced sugar or low sugar cereals, toast, yogurt, fruit / juice and milk. \$2.00 Available in the cafeteria everyday before school.		Daily Alternative Lunches: Monday: WG French Bread Pizza Tuesday: Chicken Nuggets w/ Dinner Roll Wednesday: WG Bagel Lunch w/Cheese Stick, Yogurt Thursday: Tossed Salad w/Popcorn Chicken & Breadstick or Tossed Salad w/ Yogurt, Cheese & Breadstick Friday: Kayem Lite Hot Dog on WW Roll <i>Available Daily: Sunbutter Sandwich With or Without Jelly. Offered with Fruit, Vegetable & Milk ... \$2.75 (sunbutter is a "peanut free" alternative to peanut butter and is made from roasted sunflower seeds.</i>		1 Warm Biscuit w/ Honey Butter
4 Egg McMansfield on English Muffin	5 Scrambled Eggs w/ Toast	6 Cinnamon Sugar Breakfast Rings	7 French Toast Sticks w/ Syrup	8 Mini Waffles w/ Syrup
Crispy Chicken Tenders w/ Dipping Sauce Warm Mini Cornbread Sweet Potato Fries Broccoli Bites w/ LF Dip	Max Stick Pizza Dippers w/ Marinara Dipping Sauce Carrots Cucumber Rounds w/ LF Dip	Cheesy Mac & Cheese Garlic Bread Stick Green Beans Tossed Salad w/ LF Dressing	Eggo Mini Maple Pancakes w/ Syrup Jones Lite Sausage Tater Tots Sweet & Crunchy Poppers	Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
11 French Toast Sticks w/ Syrup	12 Cheese Omelet Toast	13 Cinnamon Sugar Breakfast Rings	14 Warm Cinnamon Rolls	15 Mini Maple Pancakes w/ Warm Syrup
Cheeseburger or Hamburger Lettuce, Tomato & Pickles Italian Ice Sidekick Sweet Potato Fries	Rice Bowl Teriyaki Chicken Dippers Minh Fried Rice Mini Egg Roll Pineapple Chunks Glazed Carrots	Nachos & Nuggets Chicken Nuggets Baked Tostito Scoops Nacho Cheese Sauce Sweet Corn Black Bean Salsa	WG French Toast Sticks w/ Syrup Jones Lite Sausage Links <i>Valentine Sugar Cookie</i> Potato Smiles Veggie Sticks w/ Hummus	Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
18	19	20	21	22
<h1 style="font-family: cursive;">February Vacation</h1>				
25 Egg McMansfield on English Muffin	26 Scrambled Eggs w/ Toast	27 Cinnamon Sugar Breakfast Rings	28 French Toast Sticks w/ Syrup	1 Warm Biscuit w/ Honey Butter
Pasta w/ Meatballs, Marinara Sauce or Butter Parmesan Cheese Garlic Breadstick Sweet Peas & Carrots Broccoli Bites w/ LF Dip	Cheese Quesadilla Salsa & Sour Cream Confetti Rice Corn Red Pepper Strips w/ LF Dip	Systemwide 1/2 Day No Lunches	Breakfast at Lunch Choice of Cereal, Warm Muffin & Yogurt Cheese Stick, Milk, Fruit Smile Potatoes Cucumber Rounds w/ LF Dip	Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
WW = Whole Wheat WG = Whole Grain All lunches include, Milk, Choice of Whole or Chilled Fruit, and Two Vegetable Choices.				
If your child has a food allergy, you must contact the nurse's office at least yearly or as the condition changes.				

This institution is an equal opportunity provider

Breakfast: \$2.00 (reduced \$.30) includes milk, fruit.
 Lunch: \$2.75 (reduced \$.40) includes milk/fruit.
 Milk: \$.60 lowfat milk available daily.

Questions or suggestions-contact,
 Dawn M. Langtry, Food Service Director
 508-261-7400 x3124