



Jordan Jackson

January 2020



Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Alternative Lunch Choices: Mondays: Chicken Nuggets & WG Roll Tuesdays: French Bread Pizza Weds.: WG Bagel Lunch w/ Yogurt, Cheese Stk., CC, & Jelly Thursdays: Chicken Nuggets & WG Roll Fridays: Kayem Lite Hot Dog on WG Roll			2	3
Daily Salad Choices: Tossed Salad or Caesar Salad Offered with a breadstick & croutons and your choice of: Pancake Chicken, Grilled Chicken or Yogurt & Cheese Stick Choice of Dressing: Lite Caesar, Lite Ranch or Lite Italian			Warm Cinnamon Buns Pasta w/ Marinara or Butter Mini Meatballs Garlic Texas Toast Parmesan Cheese Green Beans Cucumber Rounds w/ LF Dip	Mini Pancakes w/ Warm Syrup Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
6	7	8	9	10
Mini Waffles w/ Syrup Crispy Pizza Crunchers w/ Warm Marinara Garlic Knot Roll Peas & Carrots Cucumber Rounds w/ LF Dip	Scrambled Eggs w/ Toast Cheeseburger or Hamburger on WG Roll Lettuce, Tomato, & Pickles Smile Fries Baby Carrots w/ LF Dip	Cinnamon & Sugar Breakfast Rings Eggo Mini Pancakes Jones Lite Sausage Warm Syrup Sweet Potato Fries Sweet & Crunchy Poppers	Mini Pancakes w/ Warm Syrup Cheese Quesadilla Confetti Rice Salsa & Sour Cream Corn Black Bean Salsa	Cheese Omelet w/ Toast Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
13	14	15	16	17
French Toast Sticks w/ Syrup Kayem Hot Dog on a Roll Pudding Cup Vegetarian Baked Beans Baby Carrots w/ LF Dip	Egg McMansfield Breakfast Meal Choice of Cereal Warm Mini Muffin Yogurt, Cheese Stick & Fruit Tater Tots Cucumber Rounds w/ LF Dip	Cinnamon & Sugar Breakfast Rings Nachos & Nuggets Baked, WG Chicken Nuggets Baked Tostito Scoops & Salsa Nacho Cheese Sauce Corn Veggie Sticks w/ Southwest Dip	Warm Cinnamon Buns Meatball Sub on WG Roll w/ Melty Mozzarella Green Beans Red Pepper Strips w/ LF Dip	Mini Pancakes w/ Warm Syrup Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
20	21	22	23	24
No School 	Cheese Omelet w/ Toast Orange Blossom Chicken Rice Pineapple Chunks Steamed Broccoli	Cinnamon & Sugar Breakfast Rings Crispy or Spicy Crispy Chicken Patty Sandwich Lettuce & Tomato Crinkle Fries Red & Green Pepper Strips w/ Dip	French Toast Sticks w/ Syrup Macaroni & Cheese Dannon Yogurt Cup Dinner Roll Carrots Red Pepper Strips w/ Dip	Pancakes w/ Syrup Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
27	28	29	30	31
Mini Waffles w/ Syrup Stuffed Crust Max Sticks w/ Marinara Dipping Sauce Green Beans Baby Carrots w/ Dip	Scrambled Eggs w/ Toast Nachos & Nuggets Baked, WG Chicken Nuggets Baked Tostito Scoops & Salsa Nacho Cheese Sauce Corn Red Pepper Strips w/ LF Dip	Cinnamon & Sugar Breakfast Rings Systemwide 1/2 Day Professional Development No Lunches 	Egg McMansfield French Toast Sticks w/ Syrup Jones Lite Sausage Hash Brown Patty Sweet & Crunchy Trail Mix	Warm Cinnamon Swirl Bun Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
If your child has a food allergy, you must contact the nurse's office at least yearly or as the condition changes.				
Breakfast - Choose the hot breakfast or from an assortment of breakfast pastry, reduced sugar or low sugar cereals, toast, yogurt, and fruit / juice.			WG = Whole Grain	WW = Whole Wheat
This institution is an equal opportunity provider.				
Please check your child's lunch account balance at MySchoolBucks.com.				

Breakfast: \$2.00 (reduced \$.30) includes milk, fruit.
 Lunch: \$2.75 (reduced \$.40) includes milk/fruit/veg.
 Milk: \$.60 lowfat milk available daily.

Questions or suggestions-contact,
 Dawn M. Langtry, Food Service Director
 508-261-7400 x33124