








Jordan Jackson

January 2019



Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Alternative Lunch Choices: Mondays: Chicken Nuggets & WG Roll Tuesdays: French Bread Pizza Weds.: WG Bagel Lunch w/ Yogurt, Cheese Stk., CC, & Jelly Thursdays: Chicken Nuggets & WG Roll Fridays: Kayem Lite Hot Dog on WG Roll Daily Alternative Lunch Choices: Tossed Salad w/ Cheese Stick, Yogurt & Breadstick or Chicken Bacon Ranch Salad w/ Breadstick 		2 Cinnamon & Sugar Breakfast Rings	3 Warm Cinnamon Buns	4 Mini Pancakes w/ Warm Syrup
7 Mini Waffles w/ Syrup	8 Scrambled Eggs w/ Toast & Turkey Bacon	9 Cinnamon & Sugar Breakfast Rings	10 Mini Pancakes w/ Warm Syrup	11 Cheese Omelet w/ Toast
Macaroni & Cheese Dannon Yogurt Cup Dinner Roll Carrots Red Pepper Strips w/ Dip	Cheeseburger or Hamburger on WG Roll Lettuce, Tomato, & Pickles Baked Crinkle Fries Baby Carrots w/ LF Dip	Eggo Mini Pancakes Jones Lite Sausage Warm Syrup Sweet Potato Fries Veggie Sticks w/ LF Ranch Dip	Chicken & Cheese Quesadilla Confetti Rice Salsa & Sour Cream Mexically Corn Cucumber Rounds w/ LF Dip	Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
14 French Toast Sticks w/ Syrup	15 Egg & Sausage Wrap	16 Cinnamon & Sugar Breakfast Rings	17 Warm Cinnamon Buns	18 Egg McMansfield
Kayem Hot Dog on a Roll Pudding Cup Vegetarian Baked Beans Cucumber Rounds w/ LF Dip	Munch Meal Cheese Stick, Wheat Thins Pepperoni, Fruit & Milk Strawberry Smoothies Potato Smiles Red Pepper Strips w/ LF Dip	Nachos & Nuggets Baked, WG Chicken Nuggets Baked Tostito Scoops & Salsa Nacho Cheese Sauce Corn Veggie Sticks w/ Southwest Dip	Italian Sampler Meatballs, Mozzarella Sticks Mini Cheese Ravioli Garlic Breadstick  Green Beans Baby Carrots w/ LF Dip	Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
21 No School 	22 Cheese Omelet w/ Toast Breakfast Meal Choice of Cereal Warm Mini Muffin Yogurt, Cheese Stick & Fruit Warm Cinnamon Apples Cucumber Rounds w/ LF Dip	23 Cinnamon & Sugar Breakfast Rings Soft Beef Taco w/ Cheese Lettuce, Tomato Fruit Churro Sweet Corn Broccoli Bites w/ LF Dip	24 French Toast Sticks w/ Syrup Rice Bowl Teriyaki Chicken Dippers Minh Fried Rice Mini Egg Roll Pineapple Chunks Glazed Carrots	25 Pancakes w/ Syrup Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
28 Mini Waffles w/ Syrup	29 Scrambled Eggs w/ Toast & Turkey Bacon	30 Cinnamon & Sugar Breakfast Rings	31 Egg McMansfield	1 Warm Cinnamon Swirl Bun
Crispy Pizza Crunchers w/ Marinara Dipping Sauce Garlic Breadstick Green Beans Baby Carrots w/ Dip	Nachos & Nuggets Baked, WG Chicken Nuggets Baked Tostito Scoops & Salsa Nacho Cheese Sauce Corn Red Pepper Strips w/ LF Dip	Systemwide 1/2 Day Professional Development No Lunches 	French Toast Sticks w/ Syrup Jones Lite Sausage Hash Brown Patty Sweet & Crunchy Trail Mix	Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
If your child has a food allergy, you must contact the nurse's office at least yearly or as the condition changes.				
Breakfast - Choose the hot breakfast or from an assortment of breakfast pastry, reduced sugar or low sugar cereals, toast, yogurt, and fruit / juice.			WG = Whole Grain	WW = Whole Wheat
This institution is an equal opportunity provider.				
 Please check your child's lunch account balance at MySchoolBucks.com.				

Breakfast: \$2.00 (reduced \$.30) includes milk, fruit.
 Lunch: \$2.75 (reduced \$.40) includes milk/fruit/veg.
 Milk: \$.60 lowfat milk available daily.

Questions or suggestions-contact,
 Dawn M. Langtry, Food Service Director
 508-261-7400 x33124